



ANNUAL REPORT

2009/2010

1st July 2009 to 30th June 2010

PHASE WORLDWIDE

PRACTICAL HELP ACHIEVING SELF EMPOWERMENT

PHASE WORLDWIDE

Registered charity number 1112734 Founded September 2005

REGISTERED ADDRESS:

Reginald Arthur House, Percy Street, Rotherham, South Yorkshire, S65 1ED

TRUSTEES

Mr Nicholas George William Cragg BSc. CEng. MICE

Mrs Marie Cragg

Mr David William Fenton MB.ChB. FRCOG

Mr Martin Davies O.B.E., FOID, BA, LLB

Dr Gerda Pohl MRCOG, MRCGP

PEOPLE in PHASE WORLDWIDE Organisation

Chair of Trustees

Nicholas Cragg

Treasurer

Marie Cragg

Secretary

Gerda Pohl

Fundraising coordinator

Marie Cragg

PHASElets lead

Marie Cragg, Jan Farrington

Medical Coordinator

Gerda Pohl

Colposcopy Lead

David Fenton, David Nunns

Education Lead

Peter Tully

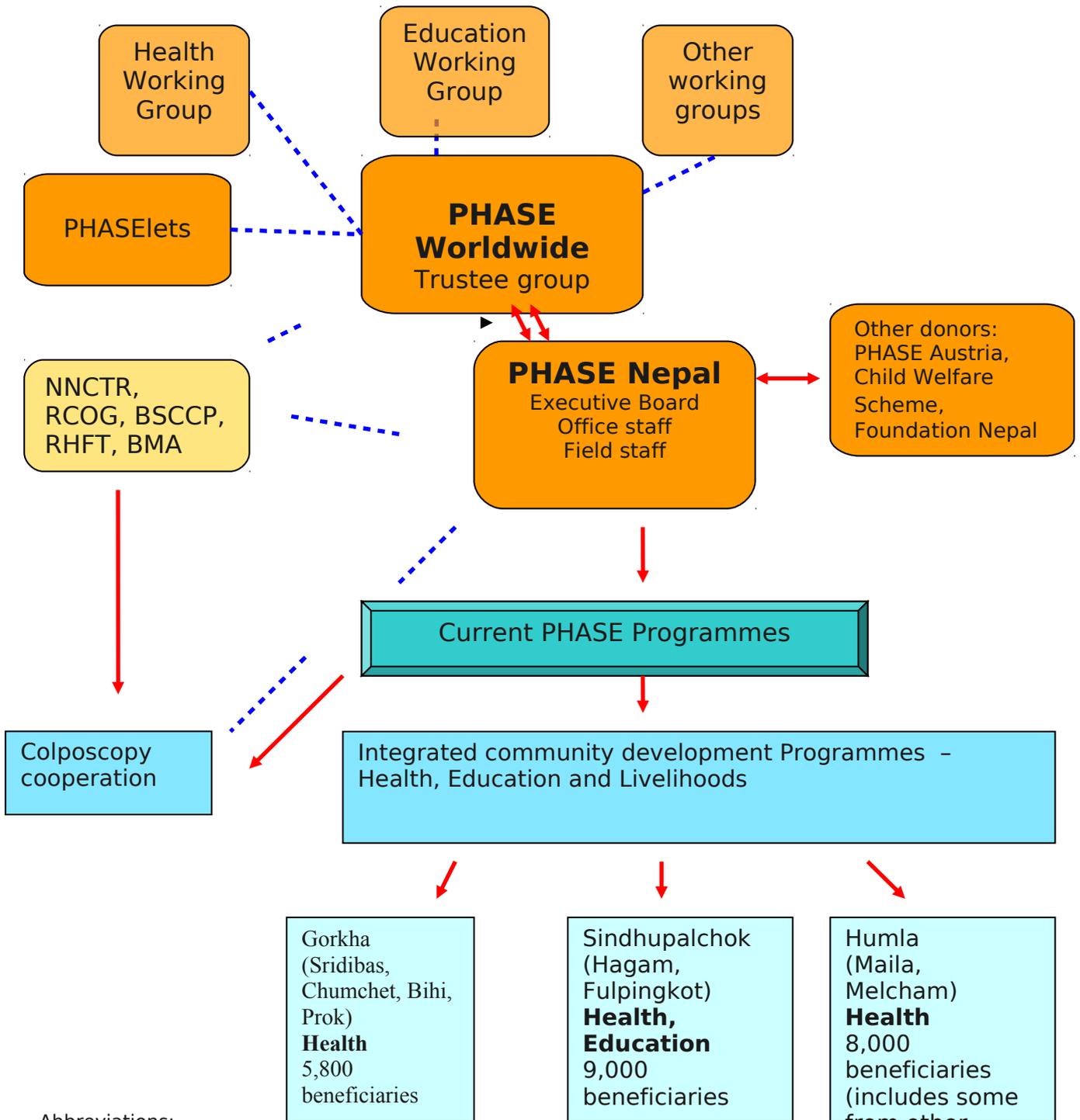
Health Advisor

Andrew Ferguson

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STRUCTURE



Abbreviations:
 BMA - British Medical Association
 NNCTR - Nepal Network for Cancer Treatment and Research
 RCOG - Royal College of Obstetricians and Gynaecologists
 BSCCP - British Society for Colposcopy and Cervical Pathology
 RHFT - Rotherham Hospital NHS Foundation Trust

GOVERNANCE

PHASE Worldwide is based in South Yorkshire and was founded in 2005 by Nepalese and UK professionals with similar interests and motivation. PHASE is governed by the Trust Deed executed on 14 September 2005.

Trustees are appointed for a term of three years by an unanimous decision of the existing trustees. They can be re-appointed by simple majority of the remaining trustees. The trustee group tries to ensure that new appointees contribute to the skill mix of the trustees; the current expertise is a mixture of business and financial management, people management and medicine. Trustees hold an open meeting every three months. Special meetings are called for the appointment of new trustees or if important decisions need to be made between meetings.

A new Trustee was appointed in March 2010: Martin Davies OBE, a retired Deputy Chief Constable.

WORK WITH OTHER ORGANISATIONS

Within the UK, cooperation has taken place with several other charities for the purpose of fundraising and with the local education authority and local health institutions for various specific programmes.

In Nepal, PHASE works with three Nepalese NGOs, but mainly with our sister organisation, PHASE Nepal. One of the PHASE trustees regularly visits Nepal (twice yearly) for technical support and monitoring activities. Through PHASE Nepal we also work closely with Nepalese governmental institutions – particularly District Health Offices – and with several other NGOs working in similar geographic or technical areas.

PUBLIC BENEFIT STATEMENT

In the year 2009/10, the trustees have been able to ensure that the charity continues to fulfil its objectives for the public benefit in the target area. The objectives of the charity as stated in the trust deed are:

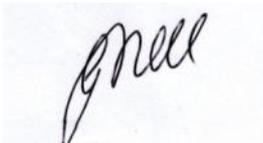
1. The relief of poverty, primarily in Nepal and elsewhere as the trustees see fit
2. The relief of sickness and the preservation and protection of good health, primarily in Nepal and elsewhere as the trustees see fit
3. To advance the education of communities, primarily in Nepal and elsewhere as the trustees see fit

No individuals or groups in our working areas have been excluded from benefit, and the projects have been developed in such a way as to particularly benefit the poorest and least empowered members of society. No private individual has benefitted financially from the work of the charity.

SERIOUS INCIDENT REPORTING

I certify that the information presented in this report is correct to the best of my knowledge and that it has been brought to the attention of all trustees. I further confirm that there are no serious incidents or other matters that we should have brought to the Commission's attention and have not done so already.

Dr G Pohl (on behalf of all PHASE Worldwide trustees)



PHASE WORLDWIDE – OBJECTIVES AND ACTIVITIES

PHASE (Practical Help Achieving Self-Empowerment) specialises in improving health and education services and enterprise opportunities for disadvantaged populations in very remote and resource poor Himalayan mountain villages in Nepal.

PHASE currently works mainly in community development programmes in Nepal and also in some development education and youth projects in South Yorkshire.

PHASE aims to support the most vulnerable to break the cycle of poverty, by assisting communities and local authorities to lay the groundwork for a self-sufficient future. PHASE believes that poor health, low educational levels and poverty are all aspects of the same problem, and create a cycle preventing people from taking control of their own futures; PHASE aims to address these aspects simultaneously, through integrated village development programmes, which empower individuals and communities on all levels.

Communities are chosen based on need and feasibility; all programmes are developed following an extensive baseline survey and with active community participation. Sustainability is the main objective of all our work, facilitated by the involvement of beneficiaries at all stages of programme development and our commitment to the strengthening and expansion of existing government services.

QUALITIES

PHASE prides itself on the following qualities and ensures these are inherent throughout programmes

- Needs-based
- Small yet professional
- Integrated
- Effective
- Locally led
- Personal
- Sustainable

PROJECT AREAS

NEPAL

Nepal is still one of the poorest and least developed countries in the world; the 2011 Human Development Indices ranks it 138 of 169 countries, the lowest ranking country in Asia except for war-torn Afghanistan. Roughly one-third of the population live below the poverty line.

SINDHULPALCHOK became the site of our first programme in 2006 and our integrated approach to village development is particularly well established here. Our two target communities, Hagam and Fulpingkot, have a total population of around 10,000. In Hagam most of the population are of Tamang ethnicity.

The successful delivery of primary health care services from the two sub-health posts has been complemented by equally successful education, infrastructure and livelihood support programmes. Several schools receive PHASE support, and we have run early childhood education programmes, “catch-up” and adult literacy classes, a toilet construction programme and several small income generation schemes including the distribution of pregnant goats and animal husbandry/vegetable garden training courses.

GORKHA in the Western region of Nepal, is a seriously neglected area due to its remoteness. There is a lack of basic infrastructure including safe drinking water, toilets, rudimentary health services, roads, electricity and irrigation systems. The area is amongst the worst in Nepal for maternal, neonatal and postnatal health, malnutrition and child mortality.

HUMLA is situated in the most North West part of Nepal and is the second least developed district; there is no road into or within the area. Food security is extremely low and many people are dependent on food aid which is flown in by helicopter. There are particularly high levels of malnutrition and very poor maternal and child health. We have been working in two of the most remote communities, Maila and Melchham since March 2008. Although these communities have a total population of around 4,700, the total number of beneficiaries for this programme will be much greater: families travel for long distances from neighbouring communities and even from outside the district to attend our facilities as health provision is so poor elsewhere in the region. This is evidenced by an average daily attendance at each sub-health post of 50 - 60 patients. Since PHASE health activities started, these communities have not experienced an epidemic of diarrhoeal disease, which before 2008 was a regular devastating occurrence with many deaths each year.

REPORT ON THE HEALTH PROJECTS IN NEPAL

In the reporting period, PHASE has maintained support for health services in eight communities and expanded to provide these services to a further three, new communities. The total number of patients seen in 2009/10 was 41,818, up from 37,284 in the year 2008/09. Similar increases have been achieved in the numbers of babies delivered - 209, (115), and family planning consultations - 2965, (2894). The average cost per patient treatment was £2.00.

PHASE has supported qualified Nepali staff in governmental health posts with extra training, financial incentives and supervision. In-post clinical supervision and training has been supported by groups of experienced British GP volunteers visiting the Nepalese Health Posts throughout the year.

The technical cooperation between the Nepalese NGO, The Nepal Network for Cancer Treatment and Research (NNCTR) and interested professionals from the UK continues. A group of Consultant Gynaecologists and Nurse Colposcopists, who visited Nepal in October 2009, delivered both theoretical and practical workshops to the Nepalese health professionals. A reciprocal visit to the UK took place in Spring 2010 for further training. The UK professionals all offer their time free and financial support, in the form of grants, has been provided by the British Medical Association and the British Society for Colposcopy and Cervical Pathology

REPORT ON THE EDUCATION/COMMUNITY DEVELOPMENT PROGRAMMES

PHASE supports governmental schools in our programme areas with teaching materials, better buildings, water supply, toilets and playgrounds. We also supply salaries for extra teachers and provide scholarships.

The first set of students graduated from the three alternative classes ("catch-up" classes) and a large percentage have continued to mainstream education. PHASE continues to support three nursery classes run by trained local women and in 2009/10 ten six-month adult literacy classes were completed, benefitting about 200 adults, mainly women.

PHASE supported the upgrade of Jaldevi Secondary School in Hagam and in 2010 the first 13 students sat the School Leaving Certificate examination, of which seven passed at the first attempt and two more at the supplementary exam.

Development education continues in the UK with relationships being built with several local primary schools and enterprise projects linking colleges and secondary schools with local businesses.

ACHIEVEMENTS AND PERFORMANCE

In the reporting year PHASE has been able to maintain its project work in Nepal and expand some of the health services to new areas.

The maternity services have been well received in the communities and the number of midwife-assisted deliveries continues to increase. It is estimated that each trained health worker is saving at least one child's life every month. A "Safer Motherhood Group" has been established in Rotherham. This is a group of volunteer midwives from the local hospital who will visit Nepal later in 2010 to take part in a training event to teach Nepali health workers basic obstetric skills.

The technical cooperation between UK professionals and NNCTR has completed the initial training phases and reached a stage where the Nepalese will be able to give their own medical training in this area.

The education programmes in Nepal are producing the first students in the project areas attaining the School Leaving Certificate from the upgraded secondary school and the “catch-up” classes have also produced their first graduates.

PHASE has established links with the School for Health and Related Research at the University of Sheffield for cooperation in field research and data analysis in Nepal.

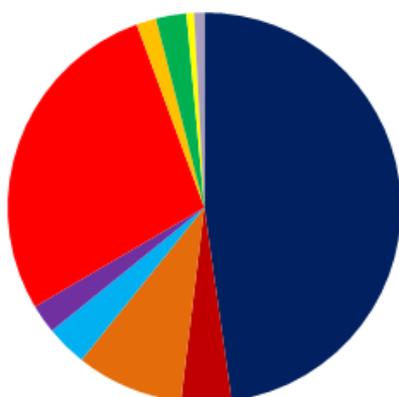
In the UK fundraising has continued its “family” orientated approach and supporters are updated with regular newsletters and an improved website. A wide variety of fundraising events were held throughout the year. The PHASElets (the under 16 group of volunteers) continued to exceed their fundraising targets with a variety of ingenious ideas for events and one PHASElet was appointed a Rotherham Ambassador and another was awarded the Rotherham Young Achiever Award at the age of 11.

Total income showed a drop from the previous year, mainly in the areas of personal and corporate donations as well as grants. However, fundraising events and gift sales showed an improvement. This is a situation that the Trustees are actively looking at to improve, for example through links with other organisations, grants and increased-awareness initiatives.

FINANCES

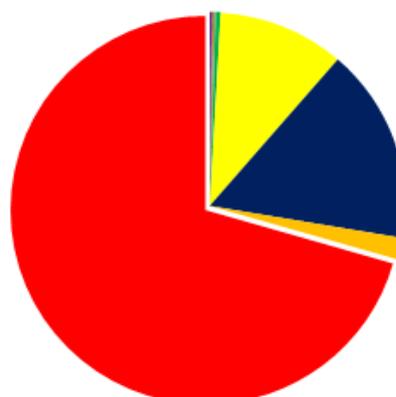
Income and Expenditure Report – Year Ended 30 June 2010

INCOME



- Personal Donations
- Corporate Donations
- Tax on Gift Aid - Current Year
- Tax on gift Aid - Prior year adjustment
- Nepalese Children's Foundation
- Events
- Grants
- Gift Sales
- Commission
- Other
- Bank interest received

EXPENITURE



- Newsletter and stationery
- Admin support cost
- Bank Charges
- Consultancy fees
- Membership Fees
- Travel
- Event Payments
- Equipment for direct Charity use
- Charitable Expenditure

INCOME	
Personal Donations	£35,136.23
Corporate Donations	£3,034.66
	£6,492.26
	(prior year adjustment)
Tax Return on Gift	£2,490.82
Events	£20,505.78
Grants (BMA, Open Gate, BSCCP, NCF)	£2,962.54
Gift Sales	£1,841.20
Other (unable to allocate)	£1,063.94
Bank interest received	£7.44
TOTAL INCOME	£68,553.23

EXPENDITURE	
Newsletter & stationery	£90.00
Admin support	£78.82
Bank charges	£145.00
Membership fees	£248.66
(PHASE is a member of the Development Education Association and Bond)	
Travel	£6,655.70
(this includes travel by a group for the annual PHASE trek. Although the funds were handled by PHASE, all individuals contributed their own costs)	
Event Payment	£10,347.25
Equipment for direct Charity use	£1,144.74
Charitable Expenditure (all to Nepal)	£44,819.00
TOTAL EXPENDITURE	£63,529.17
Net Surplus for Year	£5,024.06